



Divisions of General Practice: *Delivering health solutions*

Ms Kate Carnell
Chief Executive Officer
Australian Divisions of General Practice

The health policy conundrum



Healthy Lifestyles



Exercise: an important part of preventive health care

- 96% participants meet criteria for regular physical activity (30 mins/day)
- 89% report lifestyle changes
- **68% have reduced their weight**
- **50% have reduced waist-hip ratios**
- 94% have achieved increased aerobic capacity (VO2 max scores)



Chronic disease care



- More Allied Health Services (MAHS) - Divisions as fund holders
- Provides relevant allied health services to rural / remote areas
- Allows access to multidisciplinary teams for best practice CDM

- Kimberley – high indigenous population
- Diabetes major chronic disease focus
- Division uses MAHS to fund dietitians / podiatrists to meet local need



Workforce innovation

- New workforce models: multidisciplinary teams
- Increased roles for nurses and allied health
- Meets changing health needs
Supports supply / distribution issues



Divisional workforce support:

- Attracts and orients doctors to general practice
- In areas where they are needed most (R/R)
- Assists health workforce retention
- Enhances quality care / training

Mental health



*Primary mental health teams and
service integration vital to quality care*

- Pooled funding from federal and state mental initiatives
- Integrated service – critical mass of providers
- BASIS 32 average entry score 41.68
Average exit score 14.29

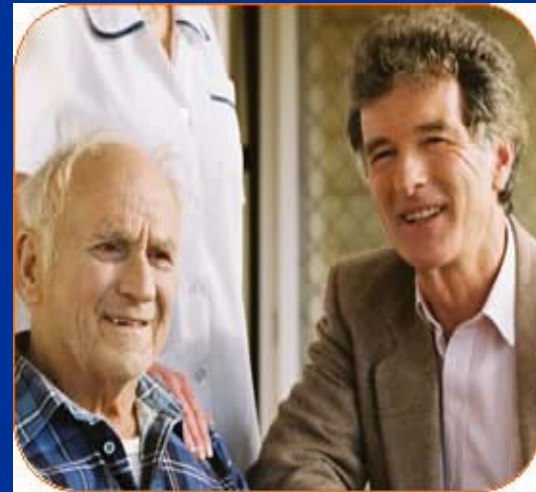


Rural health service collaboration

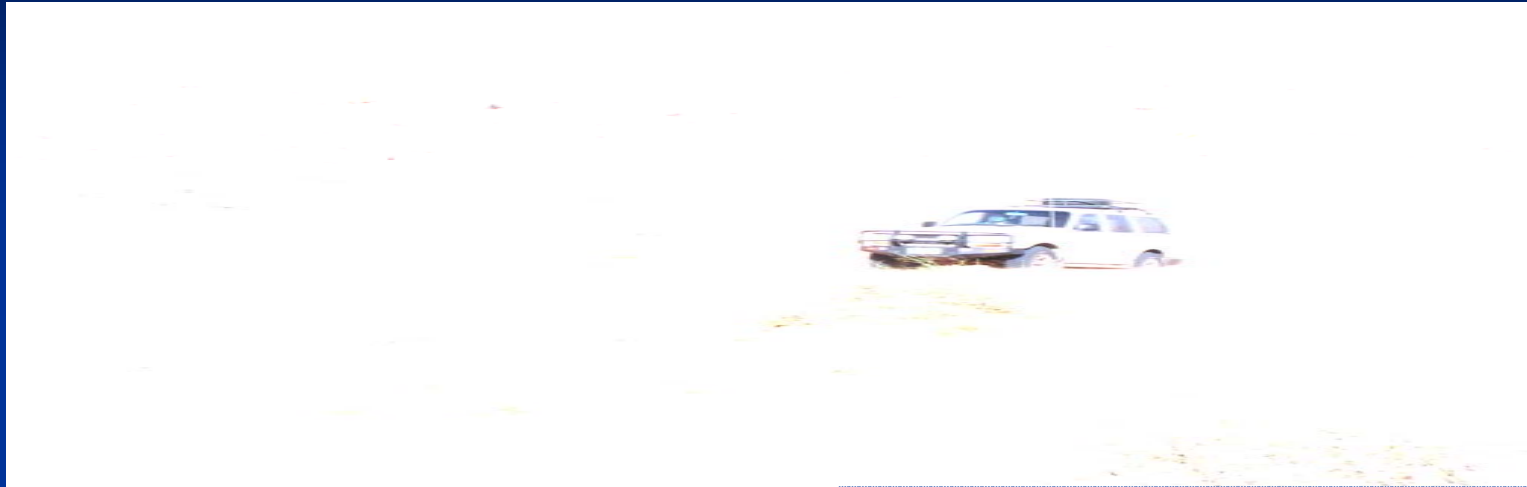


- Rural Palliative care program - Divisions partner with other health providers
- Provides coordinated, collaborative, quality multidisciplinary care in rural communities

- National best practice program with local flexibility
- Provides value for money: Per capita program expenditure: \$9.60
- Multidisciplinary education training opportunities assist team working



Remote area service provision



- Division pools funds from multiple sources - regional innovation
- Division provides primary care services to remote areas where none exist
- Currently 75 health employees:
 - 37 Mt Isa:
 - 27 Townsville:
 - 11 Longreach:
 - 4 Diamantina, 1 McKinlay
- Primary care providers include:
 - Podiatrists – 4
 - Psychologists -7
 - OTs – 5; RNs - 5
 - Dieticians – 4; Physios - 5
 - Sp. therapists – 2
 - - Pharmacists – 1
 - Diabetes Educators - 7
 - Chronic disease nurse – 1



Pandemic preparedness

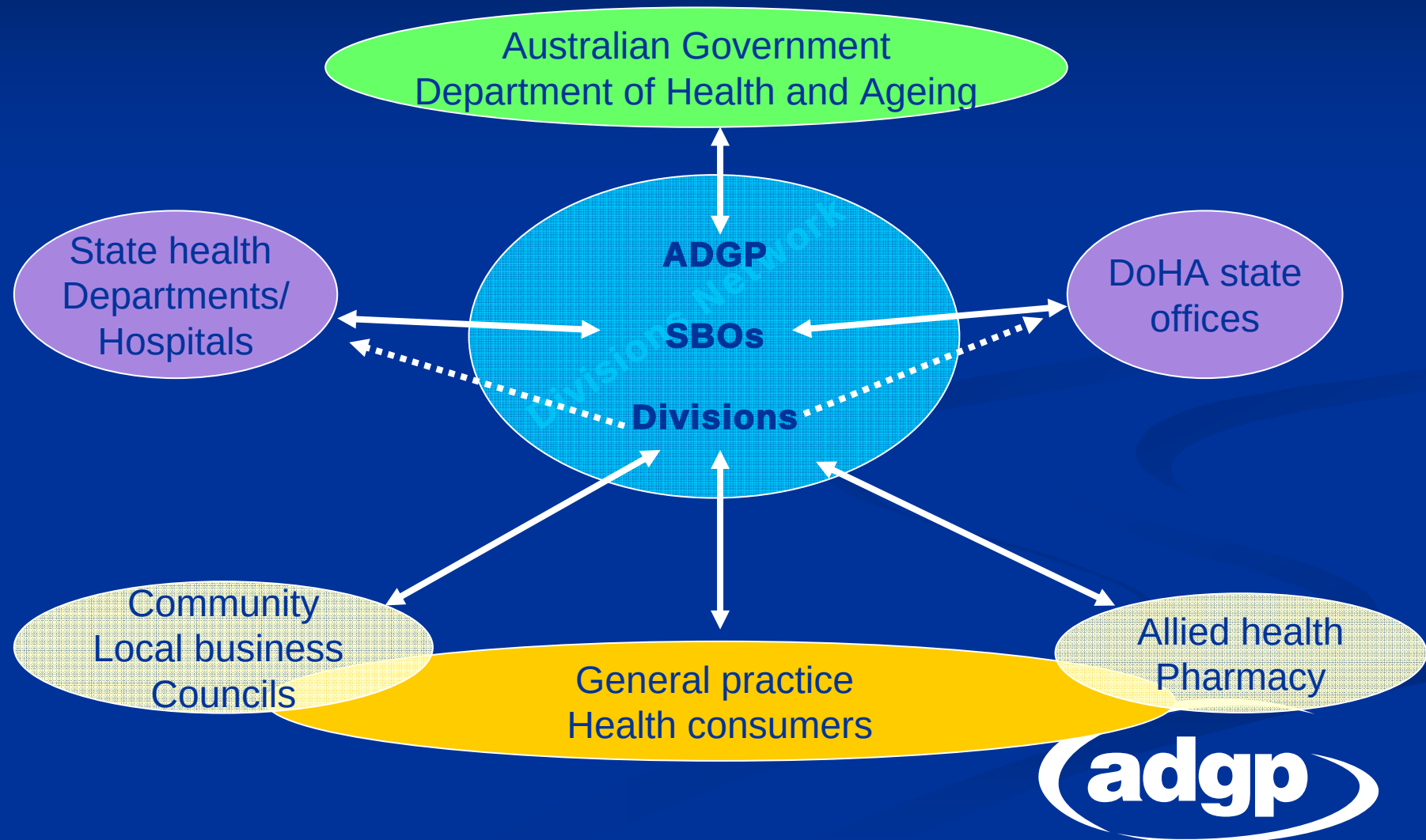
- Health Provider Registry (HPRy): central, database of doctor details
- 98% GPs, 80% specialists consent to inclusion of details
- Assists continuity of care: 97% HPRy GPs received discharge summaries
- Provides service directory for GP-specialist referrals



- Central contact database available for health alerts
- Updates ensure timely and reliable information
- Broad reach (SA, NT, NSA VIC) with potential for national expansion
- Supports progress towards improved IM in health



Divisions: unique and essential



Why Divisions?

Coverage: *Australia-wide presence*

Consistency: *Accredited network*

Confidence: *Demonstrated quality and service delivery track record*

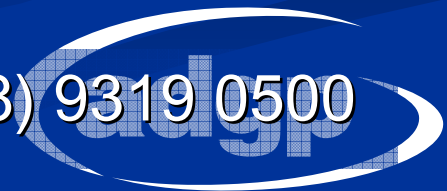
Capacity: *Leverage and engagement*

Collaboration: *Vehicle for integration, partnerships and joint ventures at all levels*



Contacts

ACT Division of General Practice	(02) 6287 8099
Alliance of NSW Divisions	(02) 9239 2900
General Practice Divisions of Victoria	(03) 9341 5200
General Practice and Primary Health Care NT	(08) 8982 1050
Queensland Divisions of General Practice	(07) 3105 8300
SA Divisions of General Practice	(08) 8271 8988
Tasmanian General Practice Divisions Limited	(03) 6224 1114
WA GP Network	(08) 9319 0500



*Promoting community health and wellbeing
through Divisions of General Practice
and primary health care teams*

kcarnell@adgp.com.au

www.adgp.com.au

