



***The National Picture:  
successes, challenges and future directions***

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# Success Factors

## The DLO Network

- ✓ Providing infrastructure, opportunity and building capacity
- ✓ Leading and driving change
- ✓ Promoting innovation
- ✓ Supporting PMHC reform
- ✓ Influencing policy and practice



# Success Factors

## Divisions at the heart of PMHC reform

- ✓ A system of support in primary mental health
- ✓ Spanning the Commonwealth-State divide
- ✓ Engaging community stakeholders
- ✓ Building practice capacity



# Success Factors

## Evolution not revolution

- ✓ A progression of *building blocks*

## Better Outcomes

- ✓ Integrated package
- ✓ Unprecedented funding
- ✓ Unique collaboration



# Success Factors

- **GP leaders and champions**
  - ✓ Allied health the key drawcard

## **Policy mandate**

- ✓ No longer province of specialist MH services

## **Partnerships, networks and sustainable relationships**



# Barriers

- **Complex system**
- **Multiple players**
- **Funding**
- **Distance**
- **Workforce**



# Barriers

- **Limited engagement by State Health**
- **GP engagement**
- **Loss of organizational learnings**



# Future Directions

- **Partnerships**

- ✓ National framework for PMHC via the AHCA
- ✓ Explore role of practice nurses
- ✓ Promotion, prevention, early intervention: getting the population health approach into PMHC

- **System integration**

- ✓ Consolidating shared care
- ✓ Access to psychiatry services
- ✓ Priority target groups eg. child & adolescent, indigenous
- ✓ Expanding allied health = major sustainer



# Future Directions

## Research and Innovation

- ✓ Promoting access and equity eg. e-health, models for rural/remote
- ✓ Overcoming deficits in knowledge management and research
- ✓ Whole of person care: physical and mental health comorbidity

## Quality

- ✓ Education, training and peer support
- ✓ consumer & carer participation
- ✓ Funding: realistic investment buys quality





## **Divisions of General Practice**

**Building practice capacity**