



Australian Divisions of **General Practice**

Dynamic **Divisions**



Issue 3

August 2006

Editorial

Welcome to our edition of *healthy bodies, healthy minds—across the life span*.

This edition of Dynamic Divisions provides an insight into the work being done by divisions. It is merely a snap shot of success stories showing the instrumental role divisions play in their communities.

Be it Aboriginal health checks in rural Western Australia or the Macarthur Division's co-ordinated metabolic program directly addressing the increase of lifestyle diseases.

The stories within this edition once again highlight the importance of divisions in Australian communities. Whilst it is difficult to quantatively measure and say the network has saved a specific number of lives, it is evident that the programs are obviously working effectively.

They are working because the people on the ground know their communities needs and strategically approach and target local problems. Through tireless efforts and sometimes stretched resources the dedication shown in divisions is highlighted through these successful programs.

I trust you will enjoy this edition of Dynamic Divisions.

Kate Carnell,
CEO



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About the Divisions Network

Australian Divisions of General Practice (ADGP) is the peak national body representing 119 Divisions of General Practice and eight state-based organisations (SBOs) across Australia. About 95 per cent of GPs are members of a local Division of General Practice.

The Divisions Network is a primary cornerstone of Australia's primary health care system. ADGP's key objective is

to promote the health and well-being of Australians through Divisions of General Practice by:

- strengthening the effectiveness and vitality of the general practice sector by leading and supporting the Divisions Network
- advocating for, and representing the network to government, other organisations and the Australian public
- contributing to the development and implementation of national health policy in collaboration with divisions and SBOs
- promoting cooperation and communication with other national organisations in Australia that are working toward excellence in primary health care and general practice
- providing national leadership in health system development.

Macarthur's Metabolic

Management program



“Successful results through positive weight changes and improvements in exercise capacity”

The Macarthur Division of General Practice has established the Metabolic Management program to address the metabolic problems associated with the increase risk of lifestyle diseases.

While it has only been up and running for a short while, the program is already proving that a collaborative approach can help people change their lifestyle for the better. The program works in collaboration with the Local Health Service including Pediatric and Adult Endocrinologists, Dietitians and the Diabetes Service, the Local Council, General Practitioners and Community Representatives.

The program includes four components conducted by Dietitian/Exercise Physiologists:

- The HEAL (Healthy Eating Activity and Lifestyle) Program—group dietary education and exercise classes over an eight week period, to assist in weight management and promote healthy lifestyles amongst people with metabolic conditions such as diabetes.
- The TEEN HEAL Program—for teenagers who are overweight/obese, this program provides group exercise classes over eight weeks as well as individual consultation with a dietitian to promote a healthy active lifestyle.
- The Healthy Families Program—for families with overweight/obese children aged 5 to 12 years. Parents attend education sessions about healthy eating, the medical issues of children being overweight, physical activity and positive parenting, while children attend an exercise class aimed at building skills and encouraging participation.
- The Diabetes Program—a registration and recall reminder system to assist GPs in the management of patients with Diabetes. The Division also works closely with the local Health Service to ensure that patients are provided with the education required through the services already established.

A single Metabolic Management referral system for all four programs is streamlining this successful approach to metabolic health.

Since its launch in November 2004, a total of 705 patients have been referred to the program. The program has produced successful results through positive weight changes and improvements in exercise capacity.

For example, at the completion of the HEAL Program:

- the average weight had decreased by 7.7kg
- the average waist measurement decreased by 3cm
- the average hip measurement decreased by 3cm
- the average flexibility had increased by 113%
- strength had increased by 30%
- fitness had improved, with the average distance participants could walk in six minutes increasing by 22%.

The program launch and advertising in the local paper and cinema has been assisted through sponsorship of Sanofi Aventis.

Getting active with GP referral scheme



“Structured physical activity is changing the lifestyle habits of many patients.”

A GP Referral Scheme in NSW Sutherland Shire is providing the ideal opportunity for GPs to contribute to primary prevention of chronic disease by encouraging their patients to get up and be active.

The scheme is a collaborative effort of the Sutherland Leisure Centre, Sutherland Shire Council, Fitness New South Wales and the local Area Health Service, and the Sutherland Division of General Practice.

GPs can refer suitable patients to the local council-run leisure centre, which provides a supportive environment in a community-based setting. Exercise physiologists assess and develop appropriate physical activity programs. The programs are subsidised by the local council and only cost patients \$55 in total. At the end of each program a report and recommendations are sent back to the GP and the patient is offered discounted membership to the leisure centre.

Since the scheme was launched in February 2004, 88 GPs in the Sutherland Shire have referred a total of 552 patients to the program. The results are excellent:

- 96% of participants are meeting the criteria for regular physical activity of exercising 30 minutes or more on most days of the week
- 89% report they have made lifestyle changes following the program
- 68% achieved reduction in weight
- 50% reduced their waist/hip ratio score
- 94% have achieved an increase in aerobic capacity (VO₂ Max) scores.

Dr Owen Brookes, a member of the division’s Chronic Disease Prevention and Management Committee said, “we’re all looking as much as we can towards primary prevention, whether that is immunisation or Pap smears—but this was something we could do very positively about one of the really hard things to work on in general practice, which is trying to get people to exercise and lose weight.”

Until recently, the scheme has targeted low to moderate risk patients who are mostly sedentary. Now a new initiative targeting patients in a moderate to high risk category has been incorporated into the program. This Community Maintenance Program targets patients who have been discharged from The Sutherland Hospital Cardiac Rehabilitation Unit or Heart and Lung Teams. Previously, patients were discharged from the hospital cardiac rehabilitation and other programs with no further access to structured programs for physical activity. This gap was identified by key stakeholders including the Sutherland Hospital and Community Health Services Cardiac Rehabilitation and Heart and Lung Teams, GPs, exercise physiologists and other specialists, including local cardiologists.

Overall the initiative supports research indicating that general practice is important in addressing chronic disease where physical activity is of benefit and therefore contributes to long-term behaviour changes. The initiative has also strengthened the division’s partnership with the Sutherland Leisure Centre (Sutherland Shire Council), Fitness NSW and South Eastern Sydney and Illawarra Area Health Service.

Activity Enablers prove

partners in success

5

“Supporting patients to make appropriate physical activity choices.”

Trying to increase patient participation in physical activity is not a new goal for GPs or division health promotion staff. However, a unique approach at the West Vic Division of General Practice has attracted strong support from GPs and the local Health Service and is delivering great patient results.

The Active Script Enabler Service provides one-on-one patient support to sedentary patients, with the aim of increasing their level of physical activity.

Through a unique partnership with Health Services and Primary Care Partnerships, the West Vic Division (with the assistance of a local GP champion), developed a system of patient support in the area of physical inactivity, trialed the process and marketed the model to Health Services for delivery.

The process starts with a GP identifying a medically stable patient who would benefit from an increase in physical activity and who requires support to do so. A referral is sent to a local Physical Activity Community Enabler, who contacts the patient to discuss barriers to exercise participation. There are eight Enablers currently providing the service across the division catchment.

The Enabler supports the patient in making appropriate activity choices. Enablers all hold a Certificate IV in fitness leadership and have dual roles within the Health Service, ranging from Physiotherapists to Dieticians and Community Health Nurses. Follow-up calls are made to the patient every three months for a year, with the GP receiving feedback at all stages.

To date the service has received 650 referrals from 57 GPs:

- 59% of referrals have been for weight issues
- 33% for high blood pressure
- 24% for diabetes
- 19% for depression.

Patients can be referred for more than one condition.

Dr Jo Horwood from Horsham is delighted with this service.

“I am now able to discuss the *need* for exercise, for it to be personally workable, and then suggest referral to *Active Script* which patients are readily accepting”, he said.

“In this way, they feel that the uniqueness of their personal situation is being honoured, and they are not being just told off as a ‘naughty person’, but are being treated with respect.”

The Enablers have also experienced many rewards, commenting that traditionally they felt like they were preaching to the ‘worried well’ through their groups and health education sessions. Getting to those who really need the education and skills has always been a difficult task. The Active Script Enabler Service has provided them with an opportunity to connect with patients who have rarely or never used the Health Service in the past.

The strategic partnership between the West Vic Division and Health Services has been invaluable in developing this sustainable model of patient care.

Educating GPs in aged care: an ACT

“An education program such as this may support, inspire and instil confidence in some GPs”

An education program in the ACT is supporting GPs and Aged Care Facility (ACF) staff and improving outcomes for residents.

The program has been developed as part of the GP Panels Initiative. It is improving outcomes for residents through enhanced collaboration between GPs, geriatricians, the ACT Division of General Practice (ACTDGP) and ACF staff, and also by providing knowledge and support for GPs and ACF staff.

The ACT is in a unique position regarding GP workforce issues. While it is a metropolitan area, there are fewer GPs per head of population working in the ACT than the national average—in 2005 there was the equivalent of one full time equivalent (FTE) GP per 1711 people compared to the national average of one FTE GP per 1403 people.¹ The number of GP services provided to ACF residents also defies the national trend, falling by 9.3% in 2004–05 compared to the previous year, while nationally there was an increase of 3.7% for the same period.²

Consultation with GPs, ACF staff and a multidisciplinary aged care committee identified education as one way to support, engage, and retain GPs working in ACFs. It was envisaged that a range of educational opportunities would support GPs and ACF staff to enhance their professional knowledge, develop clinical skills and professional links—ultimately benefiting the older adult.

Collaboration between the ACTDGP and the Canberra Hospital's Department of Geriatric Medicine was supported by two champion geriatricians, who helped design and implement the program.

Individuals learn in a variety of ways, so a three-pronged, multi-component strategy was designed, incorporating:

- 1 Geriatric Summer School
- 2 Clinical attachments
- 3 GP and ACF Staff Peer Support for Clinical Excellence.

Geriatric summer school

The Geriatric Medicine Summer School interactive training program for GPs, and ACF staff was held over two Saturdays in late 2005. Topics were chosen following a needs analysis questionnaire which was sent to all GPs within the ACTDGP, ACT ACFs and three surrounding Divisions of General Practice. The format of the training program was based on the most requested topics and those that GPs felt least confident about managing.

The interactive program was delivered in a variety of ways including group discussions, case studies, problem-based learning and interactive keypads. The wide range of topics included: falls prevention, Aged Care Assessments, dental health, nutrition, blood pressure dysregulation, medication review, incontinence, dementia, depression, delirium, assessment of capacity, and planning for end of life. These topics were delivered by a multidisciplinary group comprising geriatricians, a dietician, a physiotherapist, an aged care nurse practitioner, a psychiatrist and a periodontist.

Evaluation from the Geriatric Summer School attendees was positive, with good feedback on the variety of topics and methods used to deliver them.

¹ PHIDU (2005) Population Health Profile of the ACT Division of General Practice. Population Profile Series: NO.119. Public Health Information Development Unit (PHIDU), Adelaide

² MBS Item Summary Report for Divisions of General Practice.

Clinical attachments

GPs were offered opportunities to take up clinical placements through the Department of Geriatric Medicine at The Canberra Hospital. The six-hour placements were flexible, with GPs choosing either an acute or sub-acute setting.

Placements in the acute setting at the hospital include morning handover, case reviews, a “meet the geriatricians” interactive session, a multidisciplinary team meeting, a ward round, and attendance at an education meeting. GPs choosing a sub-acute placement spend three hours with a Community Geriatrician at a Falls Prevention Community Outreach Assessment Program falls clinic and three hours with the geriatric team in the Subacute Geriatric Evaluation and Management (GEM) Unit (Calvary Hospital), with an option of home visits to ACFs. This program was very timely as the Subacute GEM Unit opened in 2006.

GP and ACF staff peer support for clinical excellence

The third approach is to provide a mechanism where GPs and ACF staff can provide clinical support to each other. This program is due to start later in 2006.

GPs and ACF staff will meet monthly to discuss two or three clinical cases. It is envisaged that these small group meetings will assist GPs and ACF staff to learn through sharing and collaboration. The meetings will be held at a different ACF each month, so the program will reach different attendees.

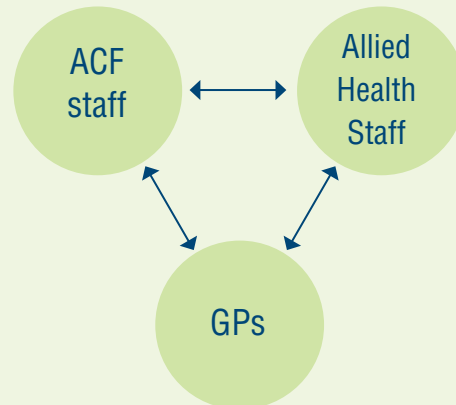
Through these projects the ACTDGP is supporting efforts in the ACT to encourage GPs to consider working with older adults in ACFs, as well as nurturing GPs already attending ACFs.

An education program such as this may support, inspire and instil confidence in some GPs. This is particularly important as the number of elderly residents in the ACT is increasing.

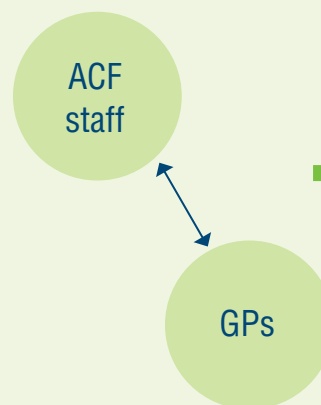
The three-pronged approach for GP education in aged care

Showing the inter-professional communication linkages

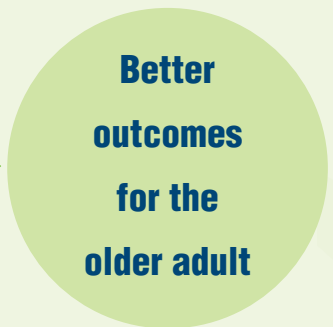
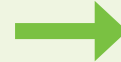
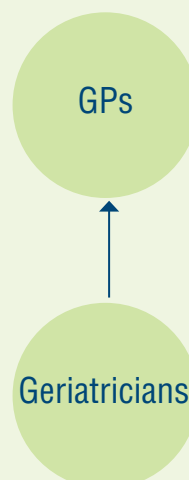
Geriatric summer school



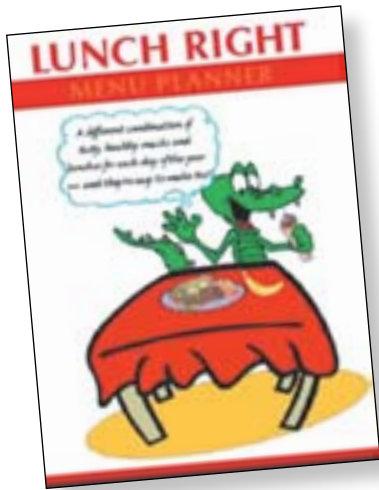
Peer support



Clinical attachments



Time for kids to **lunch right**



“Planning healthy menus with Crunch the Croc.”

A cheeky crocodile is helping to encourage young children in WA’s Osborne Division to eat healthy.

GPs and practice staff have responded well to the Lunch Right healthy eating recipe booklet for families.

More than 2000 copies of this new resource are being distributed through local GPs over the coming months.

Participating practices are posting out ‘Birthday Postcards’ reminding parents that their four-year-old is due for immunisation.

The incentive for the child to be brave for their injection is to receive a temporary tattoo with the words ‘I’m fully vaccinated’ and a picture of ‘Crunch the Croc’, a healthy eating crocodile who appears in the recipe book.

The incentive for parents is to receive the free Lunch Right recipe book. It has 40 simple recipes that are designed to be quick, use everyday ingredients and can be prepared by parents with a minimum of fuss—tasty ideas like Avocado Chicken Deluxe, Pecan Carrot Cake, and Crunch’s Veg Out Sandwich.

All respondents to a pre-evaluation questionnaire said they intended to use the book. One grandmother commented: ‘I intend to use the Lunch Right Menu Planner to try and help myself and my overweight grandchildren’.

More information on the project is available from ODGP Child Nutrition Project Officer, Jane Coomber (ph: 09 208 9501 email: janec@odgp.com.au)

Original concept and preparation by Erica Logan and Ann Valenti 2004. Reproduced with kind permission from the North Metropolitan Area Health Service, Population Health. Adapted by Osborne Division of General Practice, with support from Perpetual—The Captain Harry Howden Bequest 2005.



*“Brisbane
MIND project—
changing lives
for the better.”*

A project run by GPpartners (formerly Brisbane North Division of General Practice) is changing lives for the better by assisting hundreds of people from Brisbane’s northside to access psychological help through their GPs.

The Brisbane MIND project is enabling GPs in Brisbane’s north to provide access to subsidised private psychological services for patients who may otherwise not have the resources to benefit from such services.

Since starting in November 2004, Brisbane MIND has provided subsidised treatment for more than 600 patients. The response from patients, GPs and psychologists has been overwhelmingly positive. Feedback from patients includes comments such as:

- “I am so thankful for the services of Brisbane MIND. I certainly didn’t realise how badly I needed it. I’m truly grateful to the doctor for realising my need and his ability to be able to do something about it.”
- “Thank you. You have undoubtedly saved my life! Without all the help I have received I would have done something stupid...this is the greatest thing that could have ever happened. Thank you again.”
- “Fantastic program—life changing. Thank you!”
- “An excellent program...I have regained my life in most aspects. I’m happy and confident! Great and affordable help for low income families. Thank you.”

Comments from participating GPs and psychologists have been just as positive. For example, a Brisbane MIND Psychologist from New Farm said: “It was extremely satisfying to see the improvement in people’s lives and to know that but for Brisbane MIND, this would never have happened—there was no way they would have had access to these services except for Brisbane MIND.”

Brisbane MIND is also helping GPs improve their management of mental health issues and build firm relationships with psychologists.

Brisbane GP, Dr Katherine Schulte believes that her management of patients with mental health issues and her understanding of the role of the psychologist (and vice-versa) have improved thanks to Brisbane MIND.

Most important, however, are the positive changes in her patient’s lives.

“All the patients I’ve referred through Brisbane MIND are memorable, but none more so than the very first. The combination of psychotherapy and medication has radically changed her life. Previously housebound by her anxiety disorder, she now goes shopping alone and has a driver’s licence and a new job—solid proof indeed of the important contribution that Brisbane MIND is making to patient care”, said Dr Schulte.

More than half of the eligible 150 GPs from the GPpartners area are referring to Brisbane MIND and more than 50 psychologists are endorsed to provide services.

Brisbane MIND also promotes the 3 Step Mental Health Program, encouraging GPs to use this management process, and claim appropriate remuneration, by allowing the referral as part of a mental health plan.

Brisbane MIND is one of the 115 Access to Allied Psychological Services projects run by Divisions of General Practice across Australia and is funded by the Australian Government Better Outcomes in Mental Health Care program. GPs registered with the Better Outcomes in Mental Health Care program are eligible to refer patients to Brisbane MIND.

MindMatters+GP initiative— making a difference in mental health

*“Giving
high school
students access
pathways to
mental health
services”*

Recently, eighty Year 10 students from Sydney’s Canterbury Boys’ High School packed into their library to listen to local GP, Dr George Polyzoidis, talk about depression.

The talk was organised as part of the Canterbury Division of General Practice *MindMatters+GP* initiative. The initiative aims to give high school students access pathways to mental health services.

“Young people are often reluctant to seek help, so when they do take that difficult step, they need to know they can trust the person they have approached,” Dr Polyzoidis said.

“Having a youth-friendly practice not only facilitates the healing process for them, but more importantly sets the scene for a potentially rewarding doctor-patient relationship that may in all likelihood extend to the long-term.”

Dr Polyzoidis talked to the Canterbury Boys’ High School students about how to recognise symptoms of depression, the importance of early detection and intervention, practical ways to fend off depression by making lifestyle changes, and exposed common myths that stigmatise the illness.

He outlined sources of support for adolescents, such as their friends and family, their school counsellor and their local GP, if they feel they may need help overcoming their depression.

Students remarked that if they felt depressed they would probably talk to close friends they trust first, before thinking about taking their problems to a more senior or professional source of help. This was encouraged as it demonstrated active help-seeking behaviour, a vital element normally missing when people are depressed.

After the talk, some students approached Dr Polyzoidis with questions about issues surrounding confidentiality, which highlighted their priority of needs and indicated potential barriers to accessing help.

Head welfare teacher Ms Nektaria Girginis and a fellow staff member said afterwards, that during the talk they observed the attentiveness of certain students who are known as having potentially high mental health needs. They remarked that the talk raised students’ awareness of the prevalence of the condition, and offered much-needed practical advice for self-help and support.

“It is important to be aware of the profound long-term difference GPs can make to the lives of young people who are suffering from various forms of mental illnesses,” said Dr Polyzoidis.

“A decline in self-care behaviour and self-esteem issues can lead to interpersonal behavioural problems, and have flow-on effects to relationships and work performance.

“The social and employment ramifications of untreated depression are serious in themselves, but the co-existence of mental illness with other conditions makes it all the more complex.

“Whether depression is the chicken or the egg in these cases, one thing we do know is that escalating complexity and chronic suffering, not to mention the burden of disease and the cost to the health system, may be avoided with early and effective treatment”, said Dr Polyzoidis.

“A strategic approach to delivering quality care for residents of aged care facilities”

ACF reps forming regional MACs



GP Aged Care Panel



Hunter Urban Division of General Practice (HUDGP) has adopted a regional strategic approach to improving the care of local aged care residents.

The strategy was designed to maximise the impact of the Aged Care Panels Initiative across 70 aged care facilities with 3 784 residents. It has successfully engaged the active participation of all 70 facilities and more than 50% of the 238 aged care GPs in the initiative.

Three Aged Care Panels were formed, comprising 21 GPs and 18 representatives of aged care facilities. The Panels considered specific identified issues in residential aged care, with the following major outcomes:

- **HUDGP Residential Aged Care Guidelines**—An initial needs assessment identified opportunities for improving the working relationships between GPs and aged care facilities with potential to improve efficiency and care. The ground breaking HUDGP Residential Aged Care Guidelines clearly define best practice systems for providing medical care to aged care facility residents, including the responsibilities of both parties in providing care. The Guidelines were ratified following extensive consultation involving all GPs and representatives from all aged care facilities in the region. A total of 42 (60%) local aged care facilities and 87 (40%) aged care GPs have already committed to the Guidelines since they were launched in late 2005.
- **Regional Triage Proforma**—Inconsistencies in assessing facility residents prior to contacting the GP were causing inefficiency. A Regional Triage Proforma was developed to guide aged care facility staff and outline the information they should have to hand when contacting a GP regarding an acute health problem. The Proforma includes a list of appropriate nurse observations for a range of common presentations, as well as the generic patient information that should be available when a GP is contacted. It has been successfully trialled in 15 aged care facilities then disseminated throughout the region. Assistants in nursing and enrolled nurses report that they have found the Proforma particularly helpful and empowering. GPs report higher satisfaction due to improved communication with staff at local aged care facilities.
- **Regional Medication Advisory Committees**—Medication related problems are most commonly reported in elderly patients. Establishing Medication Advisory Committees (MACs) within residential aged care facilities has been identified as a key strategy in the implementation of quality use of medicine. One of the barriers to successfully establishing MACs within aged care facilities has been the failure to engage GPs because of time and resource constraints. Rather than 70 individual Committees, five Regional Medication Management Committees are being established and supported by HUDGP. This approach ensures all local aged care facilities have access to MACs constituted according to best practice, while making efficient use of GPs with a special interest in aged care. The potential for sharing expertise and benchmarking has received enthusiastic support from local aged Care facilities.

The HUDGP is delivering quality systems of care for residents of aged care facilities and a sustainable GP workforce for the future.

“It has improved accuracy and communication, making things more efficient... This project has had positive energy”

Aged care panels Project Officer Anissa Thompson with RACF Director of Nursing Mary Miles at Old Timers



Linking Central Australian GPs with remote aged care facilities

One of the many aims of the Aged Care General Practitioner Panels Initiative is to improve access to appropriate medical care for all aged care residents.

The Central Australian Aged Care GP Panel identified information technology access as a high priority. In response a secure Information and Communications Technology (ICT) link has been established so GPs can access their practice clinical information system from the Residential Aged Care Facility (RACF). Doctors from one clinic have now been using the service for more than three months and the project is beginning to meet the aims. However it has not been an easy or straight forward project!

Why provide an ICT link?

An aim of the ICT link project is to reduce hours the GP spends following up on a resident's care once back in their practice. Tasks like writing scripts, assisting with Team Care Arrangements (TCAs), patient notes, and contributing to Comprehensive Medical Assessment (CMA) and Residential Medication Management Reviews (RMMR), can now all be completed on site at the RACF. A printer purchased as part of this project enables easy printing of scripts and access to client data at the time of consultation.

“I found the laptop very helpful recently with the paperwork and the scripts when admitting a new patient,” said participating GP, Dr Ray Ingamells.

The beauty of such a system is that any GP providing care to RACFs from these practices can log in just as they would back at their practice. Even a fill-in GP covering for a week can easily use the connection and reduce time spent on paperwork.

According to Director of Nursing at Old Timers Nursing Home, Mary Miles, this project has gone far beyond just meeting some Aged Care Panel objectives.

“It has improved accuracy and communication, making things more efficient,” she said. “Nationally, documentation required in aged care is a huge issue.

Streamlining paper trails and increasing efficiency is a necessary step forward.

This project has had positive energy. Having an outside organisation working in a positive way to improve systems has been invaluable.”

Implementing the system

Discussion with the panel identified two possible approaches: setting up a clinical system on site, or developing a communications solution to allow doctors to remotely access existing clinical systems. Remote access was clearly preferred, requiring a flexible solution that would not compromise the security of the clinics' networks. The method chosen was to provide a laptop, printer for scripts and broadband Internet connection at the RACF, and build secure 'tunnel' or virtual private network links to each GP clinic.

The connection adds value for the RACF as it also provides high speed Internet connections for their recently deployed local area network.

The system was developed by building on network hardware supplied through a previous Central Australian Division of Primary Health Care (CADPHC) project and using a common platform that can be developed for one site and duplicated for the remainder.

in perseverance, innovation and collaboration

A notable barrier in setting up this project was communication between the IT provider, RACF and GP practices. This led to a much longer implementation period than expected, with a higher degree of project management required than initially anticipated.

Access to a second clinic is expected should be up and running in the near future. The security model has also been adopted for GP access from home by one of the clinics, and is being extended to a second RACF in Central Australia, with the Aboriginal Medical Service (AMS) providing GP medical care.

It is anticipated that through providing this access, and improving the ease with which GPs can complete necessary documentation and other paperwork, there will be more GPs interested in providing a service to RACFs and ultimately an improvement in the quality and access to medical care for residents.

Dr Ray Ingamells at work at Frontier Services Old Timers RACF.



“I found the laptop very helpful recently with the paperwork and the scripts when admitting a new patient”

Aboriginal Health Check Days— a great success

*“Team-based
care providing
a one-stop-shop”*

Aboriginal Health Check Days run by GP down south (south west WA division) are proving a popular way of improving health outcomes for the local Aboriginal community.

During 2005, three Aboriginal Health Check Days were held in Mandurah, just south of metropolitan Perth. Word is spreading amongst the Aboriginal community and demand is increasing, with each day proving even more popular than the last. Requests have now also been received for a specific Women’s Health Check Clinic.

GP down south Aboriginal Health Professional, Ceciley Phillips, has forged partnerships with Mandurah Community Health and Derbarl Yerigan Aboriginal Health Service to help adequately staff the health check days.

During the Aboriginal Health Check day in November last year an optometrist, diabetic educator, eye camera specialist, podiatrist, and The Ear Health Team from Derbarl Yerrigan assessed the health needs of 40 clients. Fifteen clients were referred back to their GPs and the Diabetic Educator for follow-up treatment and referrals to the appropriate specialists. Several clients were assessed to be in critical need of attention and were advised to see their GP immediately.

“We had a great day. A wonderful sense of trust has developed with the community and we look forward to these becoming regular events. Taking the services to the people is proving very effective. Clients enjoy the social interaction and the opportunity to have many health needs met in a “one-stop-shop” setting”, said Ceciley.

Since the health check day, Ceciley has assisted clients to attend their GPs for follow-up referrals with the Diabetic Educator and other specialists. She is now researching ways to assist GPs to incorporate the Aboriginal health checks for those aged 15 – 54 years (MBS item number 710) into their regular practice.

As the division’s Aboriginal Health Worker, Ceciley is involved with 25 families, representing about 80 people. She regularly takes them to specialist, GP and allied health appointments, arranges access to GPs and provides information and support about a wide range of healthy life style issues. By developing good relationships with local GPs, Ceciley and the division are helping to improve health outcomes for the local Aboriginal community.

National Divisions of General Practice Network

| Organisation name | CEO | Chair | Phone | Url (http://www.) | Post codes covered |
|---|--------------------------|-----------------------|--------------|---|--|
| ACT Division of General Practice | Mr Richard Bialkowski | Dr James Cookman | 02 6287 8099 | actdgp.asn.au | 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2611, 2612, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2900, 2901, 2902, 2903, 2904, 2905, 2906, 2907, 2911, 2912, 2913, 2914 |
| Adelaide Central and Eastern Division of General Practice | Mr Nicholas Prescott | Dr Cathy Sanders | 08 82715455 | aeedivision.com.au | 5000, 5001, 5006, 5034, 5035, 5037, 2038, 5061, 5063, 5064, 5065, 5066, 5067, 5068, 5069, 5070, 5071, 5072, 5073, 5074, 5075, 5076, 5081, 5134, 5140 |
| Adelaide Hills Division of General Practice | Mr Brenton Chappell | Dr Richard Wilson | 08 8391 2999 | ahdgp.org.au | 5136, 5137, 5138, 5139, 5141, 5142, 5144, 5151, 5152, 5153, 5154, 5155, 5156, 5201, 5232, 5233, 5240, 5241, 5242, 5243, 5244, 5245, 5250, 5251, 5252, 5255, 5256 |
| Adelaide North East Division of General Practice | Mr Chris Bollen | Dr Gail Laas | 08 8396 4511 | anedgp.com.au | 5070, 5074, 5075, 5081, 5082, 5083, 5084, 5085, 5086, 5087, 5088, 5089, 5090, 5091, 5092, 5093, 5096, 5097, 5098, 5109, 5125, 5126, 5127, 5131, 5132, 5133, 5231 |
| Adelaide Northern Division of General Practice | Mr Chris Seiboth | Dr Richard Heath | 08 8252 9444 | andgp.org.au | 5094, 5095, 5096, 5106, 5107, 5108, 5109, 5110, 5111, 5112, 5113, 5114, 5115, 5116, 5117, 5118, 5120, 5121, 5350, 5351, 5371, 5501 |
| Adelaide Western General Practice Network | Dr Peter Del Fante | Dr Pasquale Cocchiaro | 08 8244 3822 | awgpn.org.au/ | 5007, 5008, 5009, 5010, 5011, 5012, 5013, 5014, 5015, 5016, 5017, 5018, 5019, 5020, 5021, 5022, 5023, 5024, 5052, 2031, 5032, 5033, 5037, 5038, 5040, 5045, 5082, 5084, 5950 |
| Ballarat and District Division of General Practice | Mr Andrew Howard | Dr Mark Churcher | 03 5331 6303 | bddgp.org.au | 3330, 3334, 3341, 3342, 3345, 3350, 3351, 3352, 3354, 3355, 3356, 3357, 3360, 3361, 3363, 3364, 3370, 3371, 3460, 3461 |
| Bankstown General Practice Division | Ms Carolyn Gethings | Dr Susan Harnett | 02 9793 8711 | bankstowngp.com.au | 2162, 2190, 2197, 2198, 2199, 2200, 2211, 2212, 2213, 2214 |
| Barossa Division of General Practice | Mr Ian Dobbie | Dr Stewart Martin | 08 8564 3266 | bdgp.net | 5233, 5234, 5235, 5236, 5244, 5351, 5352, 5353, 5354, 5355, 5356, 5360, 5372, 5373, 5374, 5381, 5400, 5401, 5402, 5410, 5412, 5413, 5501, 5502 |
| Barrier Division of General Practice | Ms Eureka van der Merwe | Dr John Rolleston | 08 8087 9330 | | 2836, 2878, 2879, 2880 |
| Barwon Division of General Practice | Ms Fiona Strang | Dr Grahame Deane | 02 6752 7196 | barwondgp.org.au | 2346, 2347, 2356, 2379, 2380, 2381, 2382, 2383, 2385, 2386, 2387, 2388, 2390, 2391, 2394, 2397, 2398, 2399, 2400, 2401, 2402, 2404, 2405, 2406, 2407, 2408, 2409, 2411, 2833 |
| Bendigo and District Division of General Practice | Ms Namaania Patterson | Dr Helen Tom | 03 5441 7806 | bgoodvnp.org.au | 3450, 3453, 3462, 3463, 3472, 3475, 3515, 3523, 3539, 3550, 3551, 3555, 3556, 3557 |
| Blue Mountains Division of General Practice | Ms Rachel Merton | Dr Michael de Vries | 02 4758 9711 | bmdgp.com.au | 2773, 2774, 2776, 2777, 2778, 2779, 2780, 2782, 2783, 2784, 2785, 2786 |
| Border GP Division | Mr Trevor Cowell | Dr William Walton | 02 6049 1900 | bordergp.org.au | 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2659, 2660, 3689, 3690, 3691 |
| Brisbane South Division of General Practice | Ms Vicki Poxon | Dr Peter Harvey | 07 3274 1886 | bsdgp.com.au | 4072, 4073, 4074, 4075, 4076, 4077, 4078, 4106, 4107, 4108, 4109, 4110, 4111, 4112, 4113, 4121, 4122, 4152 |
| Canning Division of General Practice | Mr Matthew Tweedie | Dr Ivor Desouza | 08 9458 0505 | canningdivision.com.au | 6100, 6101, 6102, 6103, 6104, 6105, 6106, 6107, 6108, 6109, 6110, 6111, 6112, 6122, 6125, 6147, 6151, 6152, 6155, 6201, 6203, 6205 |
| Canterbury Division of General Practice | Ms Georgina Zyla-Purcell | Dr Diana O'Brien | 02 9787 9033 | | 2133, 2191, 2192, 2193, 2194, 2195, 2196, 2206, 2208, 2209 |
| Capricornia Division of General Practice | Mrs Julie Thomson | Dr Brad Lorraway | 07 4927 3182 | cdqcc.com | 4680, 4695, 4697, 4699, 4700, 4701, 4702, 4703 |
| Central Australian Division of Primary Health Care | Ms Sue Korner | Dr Patrick Mulundwa | 08 8950 4800 | cadphc.org.au | 0852, 0860, 0861, 0862, 0870, 0871, 0872 |
| Central Bayside General Practice Association Limited | Ms Kath Ferry | Dr Michael Nolan | 03 9553 2455 | centralbayside.com.au | 3172, 3186, 3187, 3188, 3190, 3191, 3192, 3193, 3194, 3195, 3196 |
| Central Coast Division of General Practice (NSW) | Mr Matt Hanahan | Dr Phil Godden | 02 4365 2294 | ccdgp.com.au | , 2251, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263 |
| Central Highlands Division of General Practice | Ms Lynda Varnvoukis | Dr Alison Bailey | 03 5428 4848 | chdgp.com.au | 3335, 3337, 3338, 3340, 3427, 3428, 3429, 3430, 3431, 3432, 3433, 3434, 3435, 3437, 3438, 3440, 3441, 3442, 3444, 3446, 3447, 3448, 3450, 3451, 3458, 3460, 3461, 3521, 3522, 3658, 3659, 3660, 3661, 3662, 3663, 3664, 3665, 3753, 3756, 3758, 3762, 3764 |

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|---|----------------------|---------------------|--------------|---|--|
| GP Coastal | Mr Mike Seward | Dr Marcus Tan | 08 9389 9144 | gpcostal.com.au | 6005, 6007, 6008, 6009, 6010, 6011, 6012, 6014, 6015, 6016, 6018, 6019, 6872, 6901 |
| GP Connections | Mr Tim Wilke | Dr John Lamb | 07 4688 2000 | gpconnections.com.au | 4342, 4343, 4344, 4347, 4350, 4352, 4354, 4355, 4356, 4358, 4359, 4400, 4401, 4403 |
| GP Down South | Ms Judy Fraser | | 08 9581 3352 | gpdowndsouth.com.au | 6207, 6208, 6210, 6211, 6213, 6214, 6215, 6218, 6220, 6221 (50%), 6222 (50%), 6223 (50%), 6225, 6240, 6243, 6244, 6251, 6253 (50%), 6254, 6255, 6256, 6258, 6260, 6262, 6275, 6280, 6281, 6282, 6284, 6285, 6286, 6288, 6290 |
| GP North Division of General Practice | Mr Phil Edmondson | Dr Judith Watson | 03 6331 9296 | gpnorth.com.au | 7209, 7210, 7211, 7212, 7213, 7214, 7215, 7216, 7248, 7249, 7250, 7252, 7253, 7254, 7255, 7257, 7258, 7259, 7260, 7261, 7262, 7263, 7264, 7265, 7267, 7268, 7270, 7275, 7276, 7277, 7290, 7291, 7292, 7300, 7301, 7302, 7303, 7304 |
| GPpartners | Ms Anne McGill | Dr Henry Bryan | 07 3630 7300 | gppartners.com.au | 4000, 4001, 4002, 4003, 4004, 4005, 4006, 4007, 4008, 4009, 4010, 4011, 4012, 4013, 4014, 4017, 4018, 4029, 4030, 4031, 4032, 4034, 4035, 4036, 4037, 4051, 4052, 4053, 4054, 4055, 4059, 4060, 4061, 4064, 4065, 4066, 4067, 4068, 4069, 4070, 4072, 4500, 4501, 4502, 4503, 4509, 4520, 4521 |
| Great Southern Division of General Practice | Ms Suzanne Leavesley | Dr David Tadj | 08 9842 2797 | gsdgp.com.au | 6306, 6308, 6309, 6311-6313, 6316-6318, 6320-6324, 6326-6328, 6330, 6333, 6335-6338, 6341, 6343, 6346, 6348, 6350, 6352, 6353, 6355-6359, 6361, 6363, 6365, 6367, 6370, 6372, 6373, 6390-6397 |
| Greater Bunbury Division of General Practice | Ms June Foulds | Dr Pamela Bargar | 08 9722 1876 | gbdgp.com.au | 6221, 6223, 6224, 6226, 6227, 6228, 6229, 6230, 6232, 6233, 6236, 6237, 6239, 6251, 6252, 6253, 6271. |
| Greater South Eastern Division of General Practice | Dr Leon Massage | Dr John Reid | 03 9569 5077 | gsedgp.com.au | 3145, 3146 (50%), 3147 (50%), 3148, 3149, 3150, 3166, 3168, 3170, 3800 |
| Hastings Macleay Division of General Practice | Mr Paul Ward | Dr David Gregory | 02 6583 3600 | hmdgp.org.au | 2431, 2439, 2440, 2441, 2443, 2444, 2445, 2446, 2898. |
| Hawkesbury-Hills Division of General Practice | Mr Darren Carr | Dr Tony Rombola | 02 8884 9444 | hhdgp.com.au | 2153, 2154, 2155, 2156, 22753, 2754, 2755, 2756, 2757, 2758, 2762, 2763, 2764, 2765, 2768, 2775. |
| Hornsby Ku-ring-gai Ryde Division of General Practice | Ms Tricia Rowilson | Dr Magda Campbell | 02 9477 8700 | hkrdgp.org.au | 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2079, 2080, 2081, 2082, 2083, 2098, 2109, 2110, 2111, 2112, 2113, 2114, 2118, 2119, 2120, 2121, 2122, 2125, 2126, 2154, 2157, 2158, 2159, 2775. |
| Hunter Rural Division of General Practice | Ms Alison Crocker | Dr Jennifer Draper | 02 4933 3824 | hrdgp.org.au | 2301, 2309, 2311, 2312, 2315, 2316, 2317, 2321, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2415, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2428, 2428, 2429, 2430. |
| Hunter Urban Division of General Practice | Dr Arn Sprogis | Dr Richard Drew | 02 4925 2259 | hudgp.org.au | 2259, 2264, 2265, 2267, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2314, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2330, 2334, 2335. |
| Illawarra Division of General Practice | Dr Andrew Dalley | Dr Rene Dostal | 02 4226 7052 | idgp.org.au | 2500, 2502, 2505, 2506, 2508, 2515, 2516, 2517, 2518, 2519, 2522, 2525, 2526, 2527, 2528, 2529, 2530, 2532, 2533, 2534. |
| Inner Eastern Melbourne Division of General Practice | Mr Colin Roberts | Dr Michael Conos | 03 9816 9096 | iemdgp.com.au | 3101, 3102, 3103, 3104, 3105, 3106, 3107, 3108, 3122, 3123, 3124, 3125, 3126, 3127, 3129, 3146, 3147 |
| Ipswich and West Moreton Division of General Practice | Mr Kevin Pittman | Dr Phillip Burrell | 07 3813 7000 | iwmrdgp.org.au | 4300, 4301, 4303, 4304, 4305, 4306, 4307, 4309, 4310, 4311, 4312, 4313, 4340, 4341, 4342, 4346 |
| Kimberley Division of General Practice | Mr Matthew Burrows | Dr Harpreet Singh | 08 9192 7888 | kdgp.com.au | 6725, 6728, 6740, 6743, 6765, 6770 |
| Knox Division of General Practice | Ms Melanie Virtue | Dr Igor Jakubowicz | 03 9720 2044 | knoxdiv.com.au | 3136, 3137, 3152, 3153, 3154, 3155, 3156, 3158, 3178, 3179, 3180, 3785, 3786 |
| Limestone Coast Division of General Practice | Mr Ralph Kogler | Dr Jane Kitchen | 08 8733 0160 | sesadgp.org.au | 5262, 5263, 5267, 5268, 5269, 5270, 5271, 5272, 5273, 5275, 5276, 5277, 5278, 5279, 5280, 5290, 5291 |
| Liverpool Division of General Practice | Ms Pina Siciliano | Dr Regina Greenwood | 02 9828 6520 | liverpoolgp.com.au | 2168, 2170, 2171, 2173, 2555, 2745. |
| Logan Area Division of General Practice | Ms Marguerite Mobbs | Dr Peter De Vries | 07 3290 3733 | ladgp.com.au | 4114, 4115, 4116, 4117, 4118, 4119, 4123, 4124, 4125, 4127, 4128, 4129, 4130, 4131, 4132, 4133, 4205, 4207, 4208 |
| Macarthur Division of General Practice | Mr Rene Pennock | Dr Ross Mackay | 02 4625 9522 | macdivgp.com.au | 2167, 2171, 2174, 2558, 2559, 2560, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574. |
| Mackay Division of General Practice | Mr Christian Grieves | Dr Lynne Mulholland | 07 4953 4491 | mackaydgp.com.au | 4707, 4737, 4738, 4739, 4740, 4741, 4742, 4743, 4744, 4745, 4750, 4751, 4753, 4754, 4756, 4757, 4798, 4799, 4800, 4801, 4802, 4803 |

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| Mallee Division of General Practice | Mr Bob Mutton | Dr Stewart Booth | 03 5023 8633 | malleeudp.com.au | 2648, 2715, 2717, 2734, 2735, 2736, 2737, 2438, 2739, 3396, 3413, 3420, 3465, 3487, 3488, 3489, 3490, 3491, 3494, 3496, 3498, 3500, 3501, 3502, 3505, 3506, 3507, 3509, 3512, 3530, 3531, 3533, 3544, 3546, 3549, 3583, 3584, 3585, 3588, 3589, 2590, 3591, 3594, 3595, 3596, 3597, 3599 |
| Mainly Warringham Division of General Practice | Dr Frances Black | Dr David Wynler | 02 9979 7825 | | 2084, 2085, 2086, 2087 (shared with NSDGP), 2092, 2093, 2094, 2095, 2096, 2097, 2099, 2100, 2101, 2105, 2109, 2104, 2105, 2106, 2107, 2108 |
| Melbourne Division of General Practice | Ms Debra Goldfinch | Dr Bill McCubbery | 03 9347 1188 | mdgp.com.au | 3000, 3001, 3002, 3003, 3005, 3006, 3031, 3050, 3051, 3052, 3053, 3054, 3055, 3056, 3057, 3065, 3066, 3067, 3068, 3121, 3207 |
| Mid North Coast (NSW) Division of General Practice | Mr Peter Spence | Dr John Kramer | 02 6651 5774 | mmcdgp.org.au | 2441, 2447, 2448, 2449, 2450, 2452, 2453, 2454, 2455, 2456, 2460, 2462 |
| Mid North Division of Rural Medicine | Mr Kim Hosking | Dr James McLennan | 08 8842 1077 | mmcdgp.org.au | 5381, 5411, 5412, 5413, 5414, 5415, 5416, 5417, 5418, 5419, 5420, 5421, 5422, 5430, 5431, 5432, 5440, 5451, 5452, 5453, 5454, 5455, 5460, 5461, 5462, 5464, 5470, 5471, 5472, 5473, 5480, 5481, 5482, 5483, 5485, 5486, 5490, 5491, 5493, 5495, 5501, 5510 |
| Mid West Division of General Practice | Mr Martin Weatherston | Dr John Pollard | 08 9964 2812 | midwestdgp.com.au | 6514, 6515, 6516, 6517, 6518, 6519, 6522, 6525, 6528, 6530, 6532, 6535, 6536, 6537, 6620, 6623, 6625, 6627, 6628, 6630, 6631, 6632, 6635, 6638, 6639, 6640, 6642, 6701, 6705, 6707, 6710 |
| Monash Division of General Practice | Ms Mary Mathews | Dr Denis Bourke | 03 9570 3727 | monashdivision.com.au | 3163, 3165, 3169, 3171, 3189, 3202, 3204 |
| Mornington Peninsula Division of General Practice | Dr John Siemienowicz | Dr Peter Meggyesy | 03 9769 6133 | mpdgp.org.au | 3196, 3198, 3199, 3199, 3200, 3201, 3910, 3911, 3912, 3913, 3915, 3916, 3918, 3919, 3920, 3926, 3927, 3928, 3929, 3930, 3931, 3933, 3934, 3936, 3937, 3938, 3939, 3940, 3941, 3942, 3943, 3944 |
| Murray Mallee Division of General Practice | Ms Chris McRae | Dr Michael Beckhoff | 08 8531 1303 | lm.net.au/~mmdgp/ | 5237, 5238, 5253, 5254, 5259, 5260, 5261, 5264, 5265, 5286, 5301, 5302, 5303, 5304, 5306, 5307, 5308, 5309, 5310 |
| Murray Plains Division of General Practice | Mr Matt Jones | Dr Rob Brun | 03 5456 4086 | mpdgp.com.au | 2710, 2731, 2732, 3516, 3517, 3518, 3520, 3525, 3527, 3529, 3535, 3536, 3537, 3540, 3542, 3556, 3561, 3562, 3563, 3564, 3565, 3566, 3567, 3568, 3570, 3571, 3572, 3573, 3575, 3576, 3578, 3579, 3580, 3581, 3622 |
| Murrumbidgee Division of General Practice | Mr Keith McDonald | Dr Marion Reeves | 02 6953 6454 | mdgp.net.au | 2652, 2665, 2675, 2680, 2681, 2700, 2703, 2705, 2706, 2707, 2711, 2712, 2713, 2714, 2716, 2733 |
| Nepean Division of General Practice | Mr Michael Edwards | Dr Shiva Prakash | 02 4721 1150 | nepeandgp.org.au | 2745, 2747, 2748, 2749, 2750, 2751, 2752, 2759, 2760 |
| New England Division of General Practice | Ms Sally Armitage | Dr Paul Kennedy | 02 6771 1146 | nedgp.org.au | 2350, 2351, 2354, 2358, 2359, 2360, 2361, 2365, 2369, 2370, 2371, 2372, 2403, 2410, 2457, 2458, 2470 |
| North & West Qld Primary Health Care | Mr Kelly McTaggart | Dr Margaret Culpnan | 07 4725 8868 | www.nwqphc.com.au | 4472, 4478, 4481, 4482, 4712, 4724, 4725, 4726, 2727, 2730, 2731, 2732, 4733, 4735, 4736, 4825, 4829, 4472, 4478, 4481, 4482, 4712, 4724, 4725, 4726, 2727, 2730, 2731, 2732, 4733, 4735, 4736, 4825, 4829, 4804, 4805, 4806, 4807, 4808, 4816, 4820, 4821, 4822, 4823, 4824, 4825, 4828, 4830, 4849 |
| North East Valley Division of General Practice | Mr Ken Mansbridge | Dr Peter Eisenberg | 03 9496 4333 | nevdp.org.au | 3070, 3071, 3078, 3079, 3081, 3083, 3084, 3085, 3087, 3088, 3089, 3090, 3091, 3093, 3094, 3095, 3096, 3097, 3099, 3105, 3759, 3760, 3761, 3763 |
| North East Victorian Division of General Practice | Mr David Dart | Dr Gillian Perriment | 03 5754 1226 | nevcdgp.org.au | 2642, 2647, 3666, 3670, 3672, 3673, 3675, 3676, 3677, 3678, 3682, 3683, 3685, 3687, 3688, 3691, 3693, 3694, 3695, 3697, 3698, 3699, 3700, 3701, 3704, 3705, 3707, 3708, 3709, 3711, 3712, 3713, 3714, 3715, 3717, 3718, 3719, 3720, 3722, 3733, 3735, 3736, 3737, 3738, 3739, 3740, 3741, 3744, 3746, 3747, 3749 |
| North West Melbourne Division of General Practice | Ms Carolyn Searle | Dr Debra Wilson | 03 8345 5600 | nwmddgp.org.au | 3032, 3033, 3034, 3036, 3039, 3040, 3041, 3042, 3043, 3044, 3045, 3046, 3047, 3048, 3049, 3056, 3059, 3064 |
| North West Slopes (NSW) Division of General Practice | Mr Graeme Kershaw | Dr Michael Killen | 02 6766 1394 | nwsdgp.org.au | 2340, 2341, 2342, 2343, 2344, 2345, 2352, 2353, 2354, 2355 |
| North West Tasmania Division of General Practice | Ms Elvie Hales | Dr Nicholas Barnes | 03 6432 1440 | nwfesdgp.com.au | 7256, 7305, 7306, 7307, 7310, 7315, 7316, 7320, 7321, 7322, 7325, 7330, 7331, 7466, 7467, 7468, 7469, 7470 |
| Northern Division of General Practice | Mr Phillip Bain | Dr Shane Conway | 03 9416 7689 | ndgp.org.au | 3056, 3058, 3060, 3061, 3062, 3072, 3073, 3074, 3075, 3076, 3082, 3083, 3750, 3751, 3752, 3754, 3755, 3757 |
| Northern Rivers Division of General Practice | Mr Chris Clark | Dr Tony Lembke | 02 6622 4453 | nrdgp.org.au | 2463, 2464, 2465, 2466, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483 |
| Northern Sydney Division of General Practice | Dr Claire Berman | Dr Tim David | 02 9926 7940 | www.nsdgplive.com.au | 2057, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2087 (shared with MWDGP), 2088, 2089, 2090, 2091 |

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|--|------------------------|-------------------------|--------------|---|--|
| NSW Central West Division of General Practice | Ms Sandra Christensen | Dr Sandra Mendel | 02 6332 6646 | | 2688, 2669, 2672, 2721, 2726, 2727, 2787, 2790, 2791, 2792, 2793, 2794, 2795, 2797, 2798, 2799, 2800, 2803, 2804, 2805, 2806, 2807, 2808, 2809, 2810, 2845, 2846, 2847, 2848, 2849, 2864, 2865, 2866, 2867, 2868, 2870, 2871, 2873, 2874, 2875, 2876, 2877 |
| NSW Outback Division of General Practice | Mr John Clarke | Dr Paul Collett | 02 6885 2777 | | 2831, 2832, 2834, 2835, 2838, 2839, 2840 |
| Osborne Division of General Practice | Ms Terina Grace | Dr Alistair Vickery | 08 9201 0044 | odgp.com.au | 6016, 6017, 6048, 6049, 6020, 6021, 6022, 6023, 6024, 6025, 6026, 6027, 6028, 6029, 6030, 6031, 6032, 6033, 6034, 6035, 6037, 6060, 6061, 6064, 6065 |
| Otway Division of General Practice | Ms Marilyn Lynch | Dr Anthony Brown | 03 5593 2684 | otway.asn.au | 3232, 3233, 3235, 3236, 3237, 3238, 3239, 3241, 3242, 3243, 3249, 3250, 3251, 3254, 3256, 3257, 3260, 3264, 3265, 3266, 3267, 3268, 3269, 3270, 3271, 3272, 3273, 3274, 3276, 3277, 3278, 3279, 3280, 3281, 3282, 3284, 3285, 3286, 3287, 3289, 3291, 3292, 3293, 3294, 3300, 3301, 3302, 3303, 3304, 3305, 3309 |
| Perth and Hills Division of General Practice | Mr Chris Carter | Dr Denis Carragher | 08 9376 9200 | phdgp.com.au | 6000, 6001, 6003, 6004, 6006, 6050, 6051, 6052, 6053, 6064, 6059, 6062, 6064, 6066, 6067, 6865, 6906, 6054, 6055, 6056, 6057, 6058, 6063, 6068, 6069, 6070, 6071, 6072, 6073, 6074, 6076, 6081, 6082, 6083, 6084, 6085, 6553, 6554, 6555, 6556, 6558, 6926 |
| Pilbara Division of General Practice | Ms Sue Lawler | Dr Rob Whitehead | 08 9185 6662 | pdgp.com.au | 6713, 6714, 6716, 6718, 6720, 3721, 6722, 6723, 6751, 6752, 6753, 6754, 6758, 6760, 6762 |
| Redcliffe Brbie Caboolture Division of General Practice | Mr Doug Welch | Dr Ralph Smallhorn | 07 3284 5155 | | 4019, 4020, 4021, 4022, 4025, 4504, 4505, 4506, 4507, 4508, 4510, 4511, 4512, 4514, 4516, 4517, 4518 |
| Riverina Division of General Practice and Primary Health | Ms Nancy Piercy | Dr Ken Mackey | 02 6923 3100 | rdgp.com.au | 2587, 2588, 2590, 2594, 2642, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2658, 2661, 2663, 2666, 2671, 2701, 2702, 2720, 2722, 2725, 2729, 2730 |
| Riverland Division of General Practice | Ms Bron Marie | Dr John Dunn | 08 8582 3823 | riverlandgp.org.au | 5311, 5320, 5321, 5322, 5330, 5331, 5332, 5333, 5340, 5341, 5342, 5343, 5344, 5345, 5346, 5357 |
| Rockingham Kwinana Division of General Practice | Mr Peter Cook | Dr Andrew Png | 08 6363 5042 | rkdgp.com.au | 6123, 6165, 6167, 6168, 6169, 6170, 6171, 6172, 6173, 6174, 6175, 6176 |
| Shoalhaven Division of General Practice | Ms Eve Craddock | Dr Lyndal Parker-Newlyn | 02 4423 6233 | sdgp.org.au | 2535, 2538, 2539, 2540, 2541 |
| South East Alliance of General Practice (Brisbane) | Mrs Christine Karolash | Dr Ian Williams | 07 3840 6150 | | 4101, 4102, 4103, 4104, 4105, 4120, 4151, 4152, 4153, 4154, 4155, 4156, 4157, 4158, 4159, 4160, 4161, 4163, 4164, 4165, 4169, 4170, 4171, 4172, 4173, 4174, 4178, 4179, 4183, 4184 |
| South East NSW Division of General Practice | Ms Kym Batt | Dr Kenneth Doust | 02 4474 5100 | senswdgp.com.au | 2536, 2537, 2545, 2546, 2548, 2549, 2550, 2551, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2594, 2619, 2620, 2621, 2622, 2624, 2625, 2626, 2627, 2628, 2630, 2631, 2632, 2633 |
| South Eastern Sydney Division of General Practice | Ms Barbara Ryan | Dr Kinga Gorondy-Novak | 02 9663 5958 | sesdgp.com.au | 2015, 2017, 2018, 2019, 2020, 2024, 2031, 2032, 2033, 2034, 2035, 2036, 2052 |
| Southcoity GP Services | Mr Lyndon Crick | Dr Jill Grogan | 03 9276 3256 | | 3004, 3141, 3142, 3143, 3144, 3161, 3162, 3181, 3182, 3183, 3184, 3185, 3205, 3206 |
| Southern Division of General Practice | Dr Helena Williams | Dr Daniel Byrne | 08 8298 0777 | sdgp.com.au | 5038, 5039, 5041, 5042, 5043, 5044, 5045, 5046, 5047, 5048, 5049, 5050, 5051, 5052, 5062, 5150, 5157, 5158, 5159, 5160, 5161, 5162, 5163, 5164, 5165, 5166, 5167, 5168, 5169, 5170, 5171, 5172, 5173, 5174, 5202, 5203, 5204, 5210, 5211, 5212, 5213, 5214, 5220, 5221, 5222, 5223 |
| Southern Highlands Division of General Practice | Dr Warwick Ruscoe | Dr Ann Parker | 02 4861 6084 | | 2574, 2575, 2576, 2577, 2578 |
| Southern QLD Rural Division of General Practice | Ms Brenda Tait | Dr Eddie Roos | 07 4638 1377 | sqrdgp.com.au | 4280, 4285, 4287, 4357, 4360, 4361, 4362, 4370, 4371, 4372, 4373, 4374, 4375, 4376, 4377, 4378, 4380, 4381, 4382, 4383, 4384, 4385, 4387, 4388, 4390, 4402, 4404, 4405, 4406, 4407, 4408, 4409, 4410, 4411, 4412, 4413, 4415, 4416, 4417, 4418, 4419, 4420, 4421, 4422, 4423, 4424, 4425, 4426, 4427, 4428, 4454, 4455, 4461, 4462, 4465, 4467, 4468, 4470, 4471, 4474, 4475, 4477, 4479, 4480, 4486, 4487, 4488, 4489, 4490, 4491, 4492, 4493, 4494, 4496, 4497, 4498, 4515, 4600, 4601, 4605, 4606, 4607, 4608, 4610, 4611, 4612, 4613, 4614, 4615, 4659, 4662 |

| Organisation name | CEO | Chair | Phone | Url (http://www.) | Post codes covered |
|---|----------------------|----------------------|----------------|--|--|
| Southern Tasmanian Division of General Practice | Ms Sue Moir | Dr Graeme Bleach | 03 6234 4230 | southeastgdp.com.au | 7000, 7001, 7004, 7005, 7007, 7008, 7009, 7010, 7011, 7012, 7015, 7016, 7017, 7018, 7019, 7020, 7021, 7022, 7023, 7024, 7025, 7026, 7027, 7030, 7050, 7052, 7053, 7054, 7055, 7109, 7112, 7113, 7116, 7117, 7119, 7120, 7123, 7139, 7140, 4150, 4155, 7162, 7163, 7170, 7171, 7172, 7173, 7174, 7175, 7176, 7177, 7178 |
| St George Division of General Practice | Dr Klaus Stelter | Dr Phillip Taplin | 02 9585 2044 | stgeorgedgp.asn.au | 2205, 5507, 2208, 2209, 2210, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223. |
| Sunshine Coast Division of General Practice | Mr Ian Landreth | Dr Fiona McGrath | 07 5456 8888 | scdgp.org.au | 4519, 4550, 4551, 4553, 4554, 4555, 4556, 4557, 4558, 4559, 4560, 4561, 4562, 4563, 4564, 4565, 4566, 4567, 4568, 4569, 4570, 4572, 4573, 4574, 4575, 4580, 4581 |
| Sutherland Division of General Practice | Ms Yvonne Rowling | Dr Rowan Vickers | 02 9525 4011 | shiregps.org.au | 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2171. |
| Top End Division of General Practice | Dr Leonie Katakak | Dr Karen Stringer | 08 8982 1000 | tedgp.asn.au | 0800, 0801, 0810, 0811, 0812, 0820, 0821, 0822, 0828, 0830, 0831, 0832, 0835, 0836, 0837, 0845, 0846, 0847, 0850, 0851, 0852, 0853, 0854, 0880, 0881, 0885, 0886 |
| Townsville Division of General Practice | Ms Julie Scheuber | Dr Kevin Artlett | 07 4725 8915 | tdgp.com.au | 4809, 4810, 4811, 4812, 4813, 4814, 4815, 4817, 4818, 4819 |
| Tweed Valley Division of General Practice | Mr Gary Southey | Dr Diane Blanckensee | 02 6672 5158 | | 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2225. |
| Wentwest Limited | Mr Martin Wiltshire | Dr Tim Usherwood | 02 8833 8000 | wentwest.com | 2115, 2116, 2117, 2123, 2141, 2142, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2160, 2161, 2766, 2767, 2770. |
| West Vic Division of General Practice | Ms Sally Philip | Dr Danie de Villiers | 03 5352 4804 | westvicdiv.asn.au | 3291, 3311, 3315, 3317, 3318, 3319, 3373, 3375, 3377, 3378, 3379, 3380, 3381, 3384, 3385, 3387, 3388, 3390, 3391, 3392, 3393, 3395, 3399, 3400, 3401, 3409, 3412, 3414, 3417, 3418, 3419, 3422, 3423, 3424, 3464, 3465, 3467, 3468, 3469, 3478, 3480, 3482, 3483 |
| Western Melbourne Division of General Practice | Mr Renzo Sgarbossa | Dr Jo-Ann Silva | 03 9689 4566 | westerngp.com.au | 3011, 3012, 3013, 3019, 3020, 3021, 3022, 3023, 3032, 3037, 3038, 3035, 3337, 3338 |
| Westgate Division of General Practice | Ms Corinne Siebel | Dr Simon Leslie | 03 9399 4862 | westgategp.com | 3015, 3016, 3018, 3024, 3025, 3026, 3027, 3028, 3029, 3030, 3211 |
| Whitehorse Division of General Practice | Mrs Marianne Shearer | Dr Chris Pearce | 03 8878 3755 | wdgp.com.au | 3106, 3108, 3111, 3113, 3114, 3125, 3128, 3129, 3130, 3131, 3133, 3134, 3135, 3151 |
| Wide Bay Division of General Practice | Dr Christine Murphy | Dr Paul Cotton | 07 4151 0814 | widebaydgp.org.au | 4660, 4670, 4671, 4673, 4674, 4676, 4677, 4678 |
| Yorke Peninsula Division of General Practice | Mr David Holman | Dr John Campbell | 08 8821 4066 | yp-connect.net/~ypdgp | 5510, 5520, 5552, 5554, 5555, 5556, 5558, 5560, 5570, 5571, 5572, 5573, 5575, 5576, 5577, 5580, 5581, 5582, 5583 |
| Alliance of NSW Divisions | Mr David Bruce | Dr Vlad Matic | 02 9239 2900 | answd.com.au | |
| General Practice & Primary Health Care Northern Territory | Ms Kathy Bell | Dr Sarah Giles | 08 8982 1050 | gpnhct.org.au | |
| General Practice Divisions Victoria | Mr Bill Newton | Dr John Meaney | 03 9341 5200 | gpdv.com.au | |
| Queensland Divisions of General Practice | Ms Ann Maree Liddy | Dr John Kastirissios | 07 3105 8300 | qdgp.org.au | |
| SA Divisions of General Practice | Dr Tori Wade | Dr Mike Beckoff | 08 8271 8988 | sadi.org.au | |
| Tasmanian General Practice Divisions Limited | Ms Sarah Male | Dr Arnette Douglas | 03 6224 1114 | tgpd.com.au | |
| WA GP Network | Mr Chris Carter | Dr Rachel Hammond | (08) 9472 2900 | wagpnetwork.com.au | |