

Enough lectures! Enough guidelines!
Just help me to manage and coordinate the care
of my patients

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takingaction Divisions of General Practice Network Forum 2004

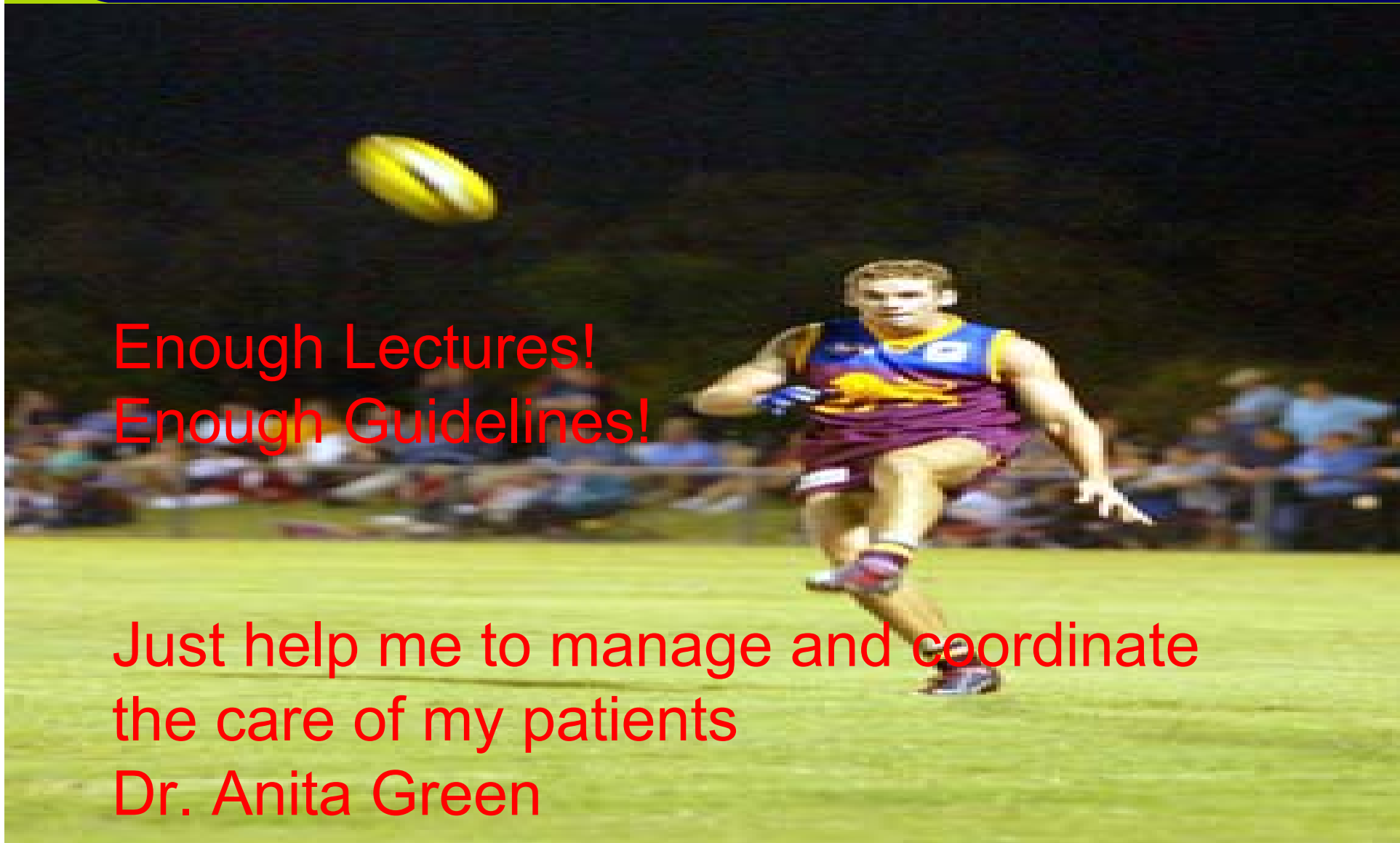




ADGP Forum 2004

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Enough Guidelines!

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Team Care Health II

Team Care Health II (TCHII) is an important *research* project aimed at improving the care of people with *chronic disease* by focusing on *collaboration of general practice* with community nursing, hospitals and other service providers.



GP Engagement

Brisbane North Division of General Practice 733

Team Care Health II 180

Quality Practice Groups 102





GP Engagement – Quality Practice Groups (QPG)

- 🏈 Division facilitation in QPG formation
 - Practice-based
 - Local area-based
 - Collegiality-based

- 🏈 GP facilitator identified and trained

- 🏈 RACGP QA&CPD Activity
 - Small Group Learning
 - Group 2 (2 pph)



Key Findings

- 🍌 GPs eager for opportunities to meet and discuss clinical / chronic disease management and practice issues including coordination of care
- 🍌 Flexibility in timing, location and frequency
- 🍌 Larger practices prioritised common time to meet together
- 🍌 Smaller practices value opportunity to share experiences and expertise outside their own practice

“One of the most valuable aspects of participation in the TCHII coordinated care trial has been the opportunity for engagement in a QPG” Dr Neil Hearnden



Team Care Health II

GP Engagement – Quality Practice Groups (QPG)





GP Engagement – Chronic Disease Modules

- 🍎 Module topics determined by the common chronic conditions identified by the TCHII coordinated care trial and the national health priority areas
- 🍎 Content driven and developed by GPs
- 🍎 Evidence-based / best practice guidelines
- 🍎 Case studies with expert commentary
- 🍎 Appropriate awareness and inclusion of the wider primary health care team



GP Engagement – Chronic Disease Modules

Module format

- Facilitator's Guide
- Workbook

Flexible delivery

- QPG (small group learning)
- Workshop
- Self-paced learning (on-line or hard copy)

Structured to achieve clear outcomes



Chronic Disease Modules

Anxiety

Asthma

Blood Borne Viruses

Care Planning

COPD

Dementia

Depression

Diabetes

Heart Failure

Managing Acute Episodes of Chronic
Disease in the Community

Obesity

Osteoarthritis

Osteoporosis

Polypharmacy

Renal

SNAP

- Smoking
- Nutrition
- Alcohol
- Physical Activity



Key Findings

- 🍌 Efficient and effective quality education resource for “time poor” GPs
- 🍌 GPs receive up-to-date information and best practice guidelines
- 🍌 Minimal preparation required by GP facilitator
- 🍌 Evaluative feedback has resulted in a continuous quality improvement process



GP Engagement – Adult Learning

- 🍌 Problem based learning
- 🍌 Movement away from didactic lecture-style presentations (from push to pull)
- 🍌 Encourages ALL GPs in the QPG to engage in discussion
- 🍌 Incorporates EBM and health economics issues



Key Findings

- 🍌 EBM palatable to GPs
- 🍌 Health economics of interest / concern to GPs
- 🍌 Constructive and safe learning environment
- 🍌 GPs willing to extend time available for discussion
- 🍌 Encouraged sharing of additional cases



Summary

- 🍌 Engagement of more than 100 GPs in Quality Practice Groups
- 🍌 Engagement of GPs in writing, editing and revising professionally developed, relevant and convenient resources
- 🍌 Engagement of GPs to transition from didactic to problem-based mode of learning



Kick Off

- 🏈 Negotiating with DoHA to have Modules available to other Divisions
- 🏈 Module revision and further Module development as determined by the ongoing needs analysis



Winning Team

