

# Better Outcomes In Mental Health Care Initiative



## North East Victorian Division of General Practice

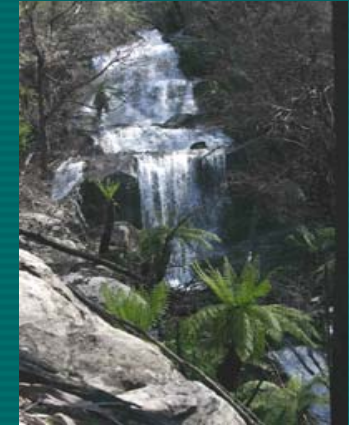
### PAST, PRESENT & FUTURE

Renée Williams

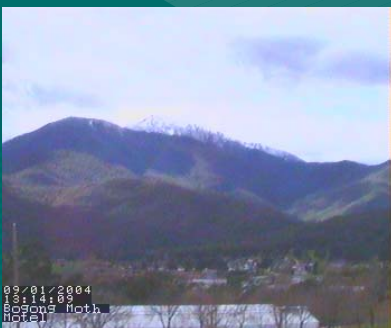
DGP Network Forum 2004 – Building Primary Mental Health Care Capacity

The Future for Better Outcomes

# North East Victoria



- 33,000 square km's
- 29 Practices (RRMA 4-7)
- 128 GPs





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# BOiMHCI THE PAST



It seems like years ago  
when we first started!!!!



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## BOIMHCI – PAST

### Recognition of Prior Learning

- Numerous mental health educational events had been conducted in the past
- 5 events were submitted to the GPMHSC for RPL accreditation.
- 71 GPs were eligible upon completion of Familiarisation training





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# BOIMHCI – PAST

I HOPE THEY  
UNDERSTAND!



## Familiarisation Training

- ☺ 3 Division Staff attended Train the Trainer GP, Practice Manager & Program Manager
- ☺ NEVDGP conducted Familiarisation Training to neighboring Divisions
- ☺ 9 Familiarisation Training Events occurred in 2002-2003



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## BOIMHCI – PAST

### OUTCOMES 2002+2003:

- 79.06% or 102 GPs + 28 practice staff attended Fam Training
- 51.16% or 66 GPs Accredited for Level 1
- 3 GPs accredited for Level 2
- Allied Health Pilot Supplementary Funding
- 25 / 29 practices EOI for Allied Health



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# BOiMHCI

# THE

# PRESENT



Can't imagine why we are  
all tired!!!!



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# BOIMHCI – PRESENT

## Education & Training 2004:

- Familiarisation Training
  - Level 1 Training
  - Level 2 Training
- Ongoing Mental Health Points





# BOIMHC – The Present Allied Health Model



Primary Mental  
Health Team  
(State)

Better Outcomes  
Mental Health  
(Federal)

More Allied Health  
Service Initiative  
(Federal)

1.0 Manager

1.0 Senior clinician

1.0 Clinician

1.0 Clinician

0.5 Psychiatrist

1.4 Clinician

0.1 GP Consultant

0.2 Program manager

NHW AMHS  
(State)

1.6 Clinician

0.05 Program  
manager

1.0 Dual Diagnosis

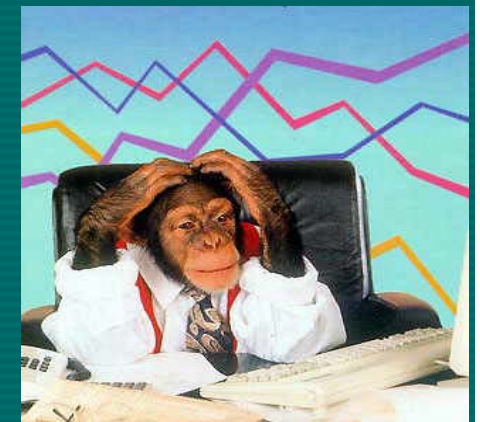
1.4 Early Motherhood  
Program



# BOIMHCI – PRESENT

## 18/12 Project Evaluation Included:

- Pre & Post Client Health Outcomes
  - Consumer Satisfaction
- Client demographic comparisons
  - Throughput statistics
  - Satisfaction reviews
- GP & Practice reviews
  - HIC data





# BOIMHCI – PRESENT



## Brief summary of throughput statistics.

- Total of 750 Clients seen
- 4.5 Clinicians co-located in & aligned to 30 practices
- Geographical coverage of 33,000 square kms
- 750 mental health assessments (20 per week)
- 3000+ occasions of service
- Improved health outcomes to clients
- Reduced referrals to adult mental health services by one-third (1/3).
- High levels of consumer, GP and clinician satisfaction.





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# BOiMHCI

# THE

# FUTURE



I think we are ready for  
the next steps!!!



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# BOIMHCI – FUTURE

## Education & Training:



*higher learning...*

- Familiarisation Training
  - Level 1 Training
  - Level 2 Training
- Ongoing Mental Health Points



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## BOIMHCI – FUTURE

### Allied Health Program:

- National Evaluation
- Further evaluation and GP evaluation
- Expansion Funds 2004-2005
- Transportability of model with Border DGP program
- Funding Challenges

### Associated Programs:

- Youth Health Access Workshops
- Mental Health First Aid
- MindMatters Plus submission
- Wrap Around Kids program



# QUESTIONS?

## For Further Information:

💡 Renee Williams – NEVDGP

P.O. Box 666, Benalla, VIC. 3672

Ph: 03 57622444 OR 0439 622 052

E-mail: [reneewilliams@nevicdgp.org.au](mailto:reneewilliams@nevicdgp.org.au)

💡 Gary Bourke – NHW

P.O. Box 1225, Wangaratta, VIC. 3676

Ph: 03 57222677 OR 0428 130 080

E-mail: [gary.bourke@nhw.hume.org.au](mailto:gary.bourke@nhw.hume.org.au)

