

Frontiers of Trauma Treatment with Children and Young People

Examining the roles of attention, memory, arousal modulation and the therapeutic relationship

A seminar with Dr Bessel van der Kolk (USA)

In the wake of the insights arising from trauma and the brain, a range of new approaches to treatment with children and young people have been developed. Many of these can be considered to be fundamental shifts from earlier therapeutic paradigms. Starting with a review of recent studies on the neurobiology of trauma, seminar participants will examine the utility of approaches from a variety of different traditions. Using real life case examples, Dr van der Kolk will describe the innovation required to resource change with children who have experienced chronic traumatisation.

The one day unique seminar will focus on integrating current understandings about the effects of trauma on attention, affect regulation, perception and other brain functions into therapeutic processes that are effective in assisting children and young people in a variety of settings recover from the impact of abuse related trauma.

Learning outcomes:

- Review recent developments in the assessment and treatment of complex traumatisation of children and young people
- Examine the domains in which memories of overwhelming experiences are stored and retrieved into consciousness
- Understand how traumatized children and young people process information
- Learn how sensorimotor processing can alleviate traumatic re-experiencing
- Be able to apply practical strategies in their role in supporting and working with traumatized children and young people

For further enquiries, contact Liz Alexander,
Australian Childhood Foundation on
training@childhood.org.au

Bessel A. van der Kolk M.D. has been active as a clinician, researcher and teacher in the area of posttraumatic stress and related phenomena since the 1970s. In 1982, he founded the Trauma Centre in Boston specialising in the treatment of traumatised children and adults. He is one of the world's foremost therapists and researchers. He has a particular focus on examining the ways in which trauma experienced by children can be reduced.

Dr van der Kolk was investigator on the first neuroimaging study of PTSD. Dr. van der Kolk is past President of the International Society for Traumatic Stress Studies. He is a Professor of Psychiatry at Boston University Medical School, and Clinical Director of the Trauma Center in Boston, Massachusetts. He is co-director of the National Child Traumatic Stress Network Community Program in Boston and originator of, and currently on the steering committee of, the National Child Traumatic Stress Network.

Sydney - 30/11/07 Hobart - 3/12/07 Melbourne - 6/12/07 Adelaide - 11/12/07 Perth - 13/12/07
Time: 9.30am - 4.00pm Cost: \$220 (GST Inclusive)

Register by fax (form overleaf) or by phone at

www.childhood.org.au
1800 176 453

Registration Form

This form acts a Registration Form and Tax Invoice of the Australian Childhood Foundation ABN:28 057 044 514

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I would like to reserve my place for *Frontiers of Trauma Treatment with children and young people* in

☐ **Sydney - 30/11/07** ☐ **Hobart - 3/12/07** ☐ **Melbourne - 6/12/07**

☐ **Adelaide - 11/12/07** ☐ **Perth - 13/12/07** (Please tick a box)

All venues are in central city locations. Lunch and refreshments are included in the fee. Confirmation will be issued with all details upon payment of workshop fees.

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- Fax completed form to (03) 9879 7388
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Cancellation Policy

Workshops are often over subscribed. Payment of fees in full are required to guarantee your registration. All cancellations will incur a \$20 administration fee. No refunds will be given if a cancellation is received within fifteen days of the workshop date. The workshop may be discontinued if there are insufficient registrations. In this event, all registered participants will be notified as soon as possible and will receive a full refund.