



## Week Three:

At the end of the session participants will have an understanding of

- The Psychological, Social, Cultural and Spiritual issues that impact on residents and identified appropriate support strategies to assist the resident
- Grief, Loss and bereavement issues and how they impact on residents, family and staff
- The need for care of self and other team members and identified strategies to assist with this process

0900- 0915: Welcome back:

Recapping on last week: Trial of Pain Assessment Tools

Homework: Review Comments.

Link Nurses: List issues to be discussed

0915-1030: **Provide Psychological, Cultural and Spiritual support to the resident**

Psychological Aspects: Small Group work

Discussion how you would identify symptoms and provide support for the resident with the following issues

Anxiety

Confusion

Depression

Social Aspects

Time / Life Line

Review society roles in the following ages of a resident born in 1920

Consider support systems and sexuality.

20-40 years 40-60 years 60+

Cultural Aspects

Large Group Whiteboard Summary

Write down three words that define you culturally.

Small group work x3 groups

Discuss how cultural beliefs may have impact on the following

Pain

Grief and loss

Family support

Spiritual Issues

List 3 ways spiritual aspects of life impact on the resident Eg. Funeral

Devise 3 ways to assist the resident express their spiritual side

Handout Power point presentation

1030-1045: Morning Tea

10045-1200: Impact of loss and grief

Power point

Dignity during the end stage

Case study Molly

1200-1245: Care of self and others of the health care team

Group work – 2 Groups

Considering ritual ceremony and responsibilities discuss

Group 1: How we cope as individuals

Group 2: How does the organisation support us?

1250 Summation and questions

*Homework:* >Do something special, just for you.