



Week Two:

At the end of the session the participants will have had an opportunity to:

- *Plan care to achieve identified outcomes*
- *Developed a plan to assist in managing the physical symptom of pain*
- *Developed a plan to assist in managing physical symptoms other than pain*

0900- 0915: Welcome back:

Recapping on last week: Good death, palliative approach & roles
Homework Link Nurses, who made contact, Reading about a
Palliative Approach:
Comments.

0915-0930: Death & Dying Indicators of dying
End-of-life care decision making & advanced care planning

0930-1015: Physical symptoms focussing on Pain
Include Pain Myths: Sentence stems, values and attitudes towards
pain.

1015-1030: Morning Tea

1045-1145 PAIN ASSESSMENT: Introduction to various pain assessment tools:
(NOPAIN Tool, PainAd & Abbey Pain Assessment Tools)

Three groups with three different pain scenarios for the one patient:
Group 1: palliative approach pain management using PainAD;
Group 2: More complex pain, using PainAD;
Group 3: End-of-life pain management, using PainAD.

Reporting back & discussion.

1145: -1245 SYMPTOM CONTROL
Nursing Care Plan: Case study Part B
Each group reports back on allocated symptoms & complete the
Nursing Care Plan from their facility

1245-1300: Summation & questions.

Homework: >Attempt pain assessment. Refer to Abbey.