



Week One:

At the end of the session the participants will:

- Demonstrate knowledge of the principles and philosophies of a palliative approach in residential aged care.
- Identifies the role and needs of the aged care team when implementing a palliative approach

0830-0900: Registration & complete Evaluation Tool 2.1 & Pre-Test Evaluation Sheet.

0900-0920: Allow time for the survey to be completed.

0920: Welcome & Housekeeping
Introductions

0935: "What is a good death"
Three groups – Define what a "good death" is from the:

- Patient's perspective;
- Families perspective and
- Health care professional's perspective.

0950: Feedback & summary of the challenges and conflicts in achieving a "good death".
Make note of the issue and during the course endeavour to identify strategies to deal with these issues.

1000: MNC Rural Palliative Care Project Overview – How this all fits together.

1030: Morning Tea

1045: Introduction to a Palliative Approach

1115: Case Discussion:

Break into groups according to RACF. Identify a resident that has recently died: Identify when a palliative approach was needed; when (if required) specialist palliative care was needed; end-of-life care.

- Try and identify the symptoms/changes that marked the "transition" from one stage to another?
- What were the resident's needs as they progressed to any of these stages?
- How was there end of life care managed?

1130: Feedback from the groups

1200: Professional responsibility & a palliative approach.

1250: Summation & questions.

Homework: >Identify the Link Nurse or other AIN who have done the course
Guidelines for a Palliative Approach in Residential Aged Care Navigational Tool