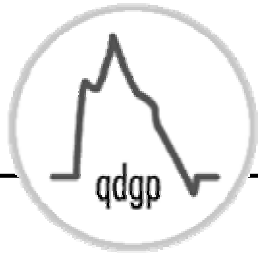


The Building Blocks of Successful Primary Mental Health Care



**Shirley Anastasi – MH Development & Liaison Officer
Queensland Divisions of General Practice**



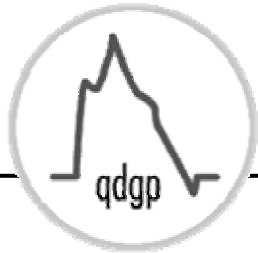
About Queensland

- Population 3.6 million (ABS 2001)
- Mental health conditions (incl. suicide) account for 16% total burden of disease & injury

(Smart State : Health 2020)

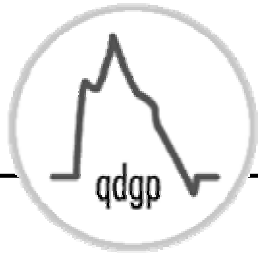


- 20 Divisions - six urban, nine provincial and five rural Divisions



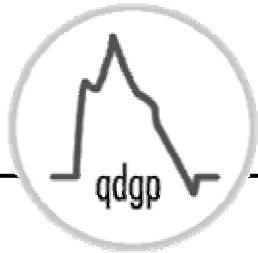
About Queensland Divisions

- Approx 3,281 GPs
- Qld has the smallest and the largest Division
 - Brisbane North DGP has 772 GPs in 230 practices
 - Central West Qld Rural DGP has 10 GPs in 6 practices
- 18 out of 20 Divisions have MH program



Opportunity

- mid 1999 – MH Support Strategy
- Commonwealth & State funding
 - NPMHCI/DLO position/Incentive funding
 - General Practice & Psychiatry Partnerships (GPAPP) Project
 - EPC, More Allied Health Services (MAHS), BOiMHCI
- Built capacity at the SBO
- Training & Development for Divisions – CAPACITY



Innovation

- Vision
- Maximise opportunities

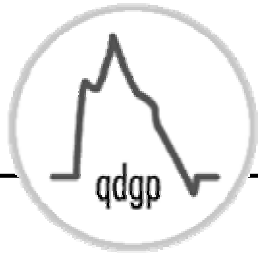
State-wide Roll Out of Triple P Training

- *Incentive funding - 23 workshops*

345 GPs trained (10 %)

- *Evidence based*

- *QDGP state co-ordination*

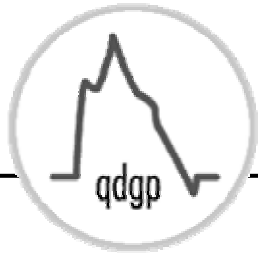


Influencing

- Leadership
- Credibility

Mental Health State Intersectoral Reference Group

- *Key stakeholders – SBO, State, Commonwealth, NGO*
- *Commitment at Executive level*
- *Collaborative approach to primary, secondary and tertiary mental health care, exchange of information*

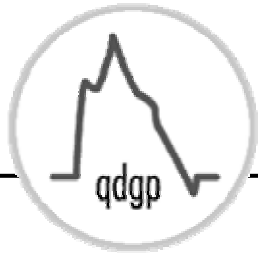


Connecting

- Strong state-wide Divisions network
- Engagement of key stakeholders

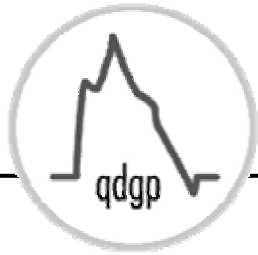
Consumer & Carer Participation

- *Remuneration policy*
- *State-wide representation of consumers and carers*
- *Input in to program activities, policy direction*



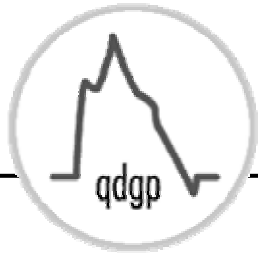
Impact of the NPMHCI

- Increased focus on Mental Health
- Shared Vision
- Funding
- Leadership



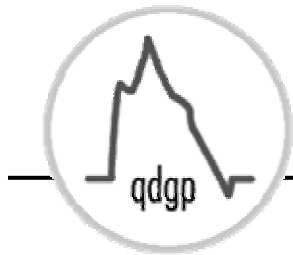
Impact of the NPMHCI cont.

- State-wide co-ordination
- Support for change management
- Engagement – GPs, Divisions, stakeholders
- Education & Training
- **CAPACITY!**



Today's Picture

- QDGP approached to be partners in key collaborations – DVA, NHMRC, beyondblue, Qld Health
- Regular dialogue with State Health
- BOiMHCI – 12% of all GPs registered
- 5 Allied Health Projects, 8 pending



Where are we going?

- Maintaining momentum
- Building on strengths
- Systems approach